

# Father's Day Resources 2024

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## **Book of Blessings: Blessing of Fathers on Father's Day**

*Description:*

*1729 The observance of Father's Day has an important place in Christian life. Since it is celebrated on the third Sunday in June, the Mass of the Sunday is always celebrated. However, in order to provide some recognition of this holiday, model intercessions and a prayer over the people are provided here.*

*1730 The intercessions are added to those of the day and may be adapted as necessary.*

*1731 The prayer over the people may replace the solemn blessing of the Easter season.*

### **ORDER OF BLESSING**

#### **Intercessions**

*1732 The following intercessions may be added to those of the day.*

For our fathers, who have given us life and love, that we may show them respect and love. Lord, hear us. R.

For fathers who have lost a child through death, that their faith may give them hope, and their family and friends support and console them.  
Lord, hear us. R.

For fathers who have died, that God may bring them into the joy of his kingdom. Lord, hear us. R.

## **Prayer Over the People**

*1733 This prayer over the people may be used at the end of Mass or other liturgical services on Father's Day.*

**God our Father, in your wisdom and love you made all things. Bless these men, that they may be strengthened as Christian fathers. Let the example of their faith and love shine forth. Grant that we, their sons and daughters, may honour them always with a spirit of profound respect.**

**Grant this through Christ our Lord.**

**R. Amen.**

*Then he blesses all present.*

And may almighty God bless you all, the Father, and the Son, ✠ and the Holy Spirit. **R. Amen.**

Prayer Source: *Book of Blessings* by Prepared by International Commission on English in the Liturgy *A Joint Commission of Catholic Bishops' Conferences*, The Liturgical Press, Collegeville, Minnesota, 1989

## **Blessing for Father's Day**

God our Father,  
in your wisdom and love you have created us and called us your own.  
Bless these men,  
that they may be strengthened as Christian fathers.  
Let the example of their faith and love shine forth.  
In moments of joy, rejoice with them.  
In times of struggle, give them your courage and perseverance.  
Grant that we, their sons and daughters,  
may honour and appreciate them always  
with a spirit of profound respect.  
May the example and prayer of St. Joseph inspire them  
to live their vocation with courage.  
Grant this through Christ our Lord. **Amen.**

May almighty God bless them, the Father, and the Son, ✠ and the Holy Spirit. **R. Amen.**

## Prayers of Intercession for Father's Day

For fathers: that they be granted strength and courage to lead their families toward a deeper love for Jesus Christ. **Lord, hear us.**

For fathers who struggle: that society might grow supportive and encouraging to them in their challenges. **Lord, hear us.**

For grandfathers: in gratitude for the faith handed on to us through them; for their wisdom and dedication to family life. **Lord, hear us.**

We ask you Lord to be especially present to fathers in the world who are sick, suffering, or afraid. Send your Holy Spirit to comfort them. **Lord, hear us.**

For fathers who grieve and mourn, especially those who have lost a child before birth; that they find consolation in God's promise of life. **Lord, hear us.**

For the fatherless: that they be granted faithful and loving fatherly role models to help them grow in love for God our Heavenly Father. **Lord, hear us.**

For all married couples who are struggling with infertility: that the Lord grant them peace as they hope for the gift of a child. **Lord, hear us.**

For all families: that the freedom of all people to live out God's plan for life and love be protected and supported in law. **Lord, hear us.**

For lawmakers: that they might act justly and pass laws which promote and protect the fundamental rights of fathers. **Lord, hear us.**

We remember fathers, whose families are torn apart by jealousy, fighting and misunderstandings; bless them with a spirit of openness, healing, and forgiveness. **Lord, hear us.**

We ask you Lord to reward all fathers who have died. Welcome them into your heavenly kingdom where there is no suffering, or tears. **Lord, hear us.**

## Suggested Hymns for Father's Day

### Be Thou my vision

*Hull*

Be Thou my vision, O Lord of my heart  
Naught be all else to me, save that Thou art  
Thou my best thought by day or by night  
Waking or sleeping, Thy presence my light

Be Thou my wisdom, and Thou my true word  
I ever with Thee and Thou with me, Lord  
Thou my great Father, I Thy true son  
Thou in me dwelling, and I with Thee one

Be Thou my battle shield, sword for my fight  
Be Thou my dignity, Thou my delight  
Thou my soul's shelter, Thou my high tow'r  
Raise Thou me heav'nward, O pow'r of my pow'r

Riches I heed not, nor e'en empty praise  
Thou mine inheritance, now and always  
Thou and Thou only, first in my heart  
High King of heaven, my treasure Thou art.

High King of heaven, my victory won  
May I reach heaven's joys, O bright heav'n's Son!  
Heart of my own heart, what ever befall  
Still be my vision, O Ruler of all.

### Faith of our Fathers

*Faber*

Faith of our fathers, living still,  
In spite of dungeon, fire and sword;  
O how our hearts beat high with joy  
Whene'er we hear thy wondrous voice!

**Chorus:**

**Faith of our fathers, holy faith!  
We will be true to thee till death,**

Our fathers, chained in prisons dark,  
Were still in heart and conscience free.  
And blest would be their children's fate  
If they, like them, should die for thee.

Faith of our fathers, we will strive  
To win all nations unto Thee;  
And through the truth that comes from God,  
We all shall then be truly free.

Faith of our fathers, we will love  
Both friend and foe in all our strife;  
And preach Thee, too, as love knows how  
By kindly words and virtuous life.

**Dear Lord and Father of Mankind**

*Whittier*

Dear Lord and Father of mankind,  
Forgive our foolish ways;  
Reclothe us in our rightful mind,  
In purer lives Thy service find,  
In deeper reverence, praise.

In simple trust like theirs who heard,  
Beside the Syrian sea,  
The gracious calling of the Lord,  
Let us, like them, without a word,  
Rise up and follow Thee.

O Sabbath rest by Galilee,  
O calm of hills above,  
Where Jesus knelt to share with Thee  
The silence of eternity,

Interpreted by love!

With that deep hush subduing all  
Our words and works that drown  
The tender whisper of Thy call,  
As noiseless let Thy blessing fall  
As fell Thy manna down.

Drop Thy still dews of quietness,  
Till all our strivings cease;  
Take from our souls the strain and stress,  
And let our ordered lives confess  
The beauty of Thy peace.

Breathe through the heats of our desire  
Thy coolness and Thy balm;  
Let sense be dumb, let flesh retire;  
Speak through the earthquake, wind, and fire,  
O still, small voice of calm.

## **Contemporary Music for Father's Day**

How Deep The Father's Love for Us  
A Mighty Fortress Is Our God  
University  
The Father's Song  
This is my Father's World  
Good, Good Father

Austin Stone Worship  
Heartsong Cedarville

Matt Redman  
Amy Grant  
Chris Tomlin



## Prayers for Fathers

### A Prayer for Christian Fathers

Heavenly Father,  
you entrusted your Son Jesus,  
the child of Mary,  
to the care of Joseph, an earthly father.  
Bless all fathers  
as they care for their families.  
Give them strength and wisdom,  
tenderness and patience;  
support them in the work they have to do,  
protecting those who look to them,  
as we look to you for love and salvation,  
through Jesus Christ our rock and defender.  
Amen.

*- Author Unknown*

### God, Our Father

God, our Father  
Bless these men,  
that they may find strength as fathers.  
Let the example of their faith and love shine forth.  
Grant that we, their sons and daughters,  
may honour them always  
with a spirit of profound respect.  
Amen.

*- Author Unknown*

### A Prayer for absent Fathers

We remember our father who is no longer with us...  
Bring us deep peace in our loss and grief. Give us a grateful heart for  
good memories of this special father. Be our healing when we struggle.  
Be our hope when we doubt. Be our strength when we grieve.  
On this special day for fathers, we pray that we might come to know and  
love you, our God, more deeply as your children.  
Amen.

## **A Father's Day Prayer**

God our Father,

We give you thanks and praise for fathers young and old.

We pray for young fathers, newly embracing their vocation; may they find courage and perseverance to balance work, family and faith in joy and sacrifice.

We pray for our own Fathers around the world whose children are lost or suffering; may they know that the God of compassion walks with them in their sorrow.

We pray for men who are not fathers but still mentor and guide us with fatherly love and advice.

We remember fathers, grandfathers, and great grandfathers who are no longer with us but who live forever in our memory and nourish us with their love.

Amen

Source: [Lourdesprayerrequest.com](http://Lourdesprayerrequest.com)

## **A Prayer of Blessing**

Bless our fathers, God the father of all.

And bless all those who have fathered us in the spirit.

We bless you for their gifts to us –gifts of nurture and strength,  
of understanding and dependability,  
of energy and decisiveness,  
of gentleness and wisdom,  
of peace and courage.

We bless you for all that is good in their influence on our lives.

We ask you to cherish and sustain them as they have cherished and sustained us.

Give them happiness in their relationship with us.

Give them recognition for what they do.

And may we do for others the good things they have done for us.

**Amen.**