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## **Blessing for Mothers on Mother's Day**

*1728. This prayer over the people may be used at the end of Mass or other liturgical services on Mother's Day.*

### **Celebrant:**

Loving God,  
as a mother gives life and nourishment to her children,  
so you watch over your Church.  
Bless these mothers,  
that they may be strengthened as Christian mothers.  
Let the example of their faith and love shine forth.  
Grant that we, their sons and daughters,  
may honour them always with a spirit of profound respect.  
Grant this through Christ our Lord.

**All:** Amen.

(Source: Book of Blessings, ICEL, The Liturgical Press, 1989)

**OR**

### **A Blessing For Mothers**

*(usually after the Prayer after Communion)*

May the God of our mother Sarah  
be your fountain of life to bless ✠ you  
and give you health and happiness,  
so that you may be a blessing to your family  
and to all who are in your care.

May Jesus, the Son of Mary, be your Protector  
to give you strength and health and peace,  
so that you may be a refuge and haven for your family.

May the Holy Spirit, the Lord and giver of life,  
shield you from all the powers of darkness  
and give you joy in being a mother to your children.  
We ask this through Christ our Lord.

**Amen.**

(Source: Diocese of Sale)

## Mother's Day Bible Verses – Newsletter Ideas

*In addition to flowers and thoughtful gifts, words of blessing and love on Mother's Day are often expressed in Bible verses:*

"She is clothed with strength and dignity; she can laugh at the days to come. She speaks with wisdom, and faithful instruction is on her tongue. She watches over the affairs of her household and does not eat the bread of idleness. Her children arise and call her blessed; her husband also, and he praises her." **Proverbs 31:24-28**

"For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well." **Psalm 139:13-14**

"Honour your father and your mother, so that you may live long in the land the Lord your God is giving you." **Exodus 20:12**

"Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonour others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres." **1 Corinthians 13:4-7**

Rather, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight.  
**1 Peter 3:4**

"And now these three remain: faith, hope and love. But the greatest of these is love." **1 Corinthians 13:13**

## Prayers of the Faithful

*Some of the following intercessions may be integrated into the general intercessions of the Fourth Sunday of Lent.*

For all mothers: that they may be blessed in their love and care for their families, and the sacrifices they make. May the Holy Spirit continue to guide them with wisdom and love. **Lord, hear us.**

For all expectant mothers: that they receive the care, support, and reassurance they need in preparing for the safe delivery of their babies. **Lord, hear us.**

In gratitude for grandmothers, their steadfast presence and unchanging love. May they continue to be pillars of Gospel faith, a constant example of wisdom and courage, and a source of enrichment and joy. **Lord, hear us.**

For mothers who are mourning the loss of their children or a spouse: that they may be comforted by Mary, our blessed Mother, Queen of Peace. **Lord, hear us.**

We pray for foster mothers, those who offer stability, support, and encouragement to children in difficult situations. As they open their hearts and their homes, reward their selfless care and compassion. **Lord, hear us.**

We pray for adoptive mothers: fill their hearts with an overwhelming love for their children. Inspire them to provide the best example for their children. **Lord, hear us.**

We pray for all who struggle with motherhood. May they lean on you to find strength, may they trust in you when they doubt. When they are overwhelmed, may they find clarity, and when they are weary or exhausted, may they find energy and enthusiasm. **Lord, hear us.**

We pray for single mothers: instil in them confidence in their ability to be good parents. May the support, and encouragement they receive inspire and reassure them. **Lord, hear us.**

For all mothers who have died, whom we remember with love, that they may dwell in God's house and enjoy his love forever. **Lord, hear us.**

## A Mother's Day Prayer

Lord Jesus, Son of God above,  
You, too, have known a mother's love  
Mary the Virgin gave You birth,  
So You could serve us here on earth.  
Today we ask with all our heart,  
Lord Jesus, graciously impart  
Your boundless grace and loving care  
To faithful mothers everywhere.

For letting Mother our teacher be;  
For precious truths learned at her knee;  
For all she's done throughout our days,  
Accept our thanks and endless praise.  
Keep motherhood from sin and shame,  
Make mothers worthy of the name.

Let them be faithful, selfless, true,  
Living a love they've learned from You.  
To mothers weary or distressed,  
Send comfort, help and needed rest.  
When they are tired and turn to You,  
Give them the strength their work to do.

Lord, keep them lips pure, undefiled,  
That form the language of the child.  
Guide mothers' footsteps, for they show  
The way that little feet should go.

All praise for mothers young and old  
Who live and serve within Your fold,  
Who pattern, as in days of yore,  
Their godly mothers, gone before.

Mothers are gifts from God above  
They teach us all of Jesus' love.  
Help us to thank them, Lord, we pray  
On this and every other day. Amen.

(Source: Christian Life Resources)